2: Schaden--106 E-4,5 (1946-1954) 1962 SM4 Guarani SM4

/89 cont./ --Another commandment refers to wakefulness: father and mother should sleep as little as possible. For the Mbüá there is, furthermore, the necessity of sexual abstinence during the couvade, probably also for the Kayová and Ñandéva; it is true that Marçal de Souza told me he did not know of any special precautions in this respect.

In their conjunction, the precautionary measures appear indispensable for the child's well-being, including the diet of father and mother. It is not the father who gets sick in case he does not respect the dietary restrictions, but the newborn child; and the mother's diet affects her and the child to whom she gives suck. The prohibition against disturbing steel likewise is for the child's benefit. The Ñandéva from Araribá told me: "The father should not disturb steel, because otherwise the child's navel will not remain dry; the navel is ruined, because the steel is very strong." And as long as the navel is not healed, the mother, in turn, should avoid working with scissors, needle, and any other iron implements. (Among the Mbüá the woman is allowed to sew during the period of resguardo.)

The threat that hangs over the parents is that of the odjépotá; that is why they should stay at home and not sleep much. The ones who "give the odjépotá "are the Arco da Velha /rainbow/ and "other beasts," such as toads, snakes, and so on, animals in which psychoanalysts would certainly tend to discover some sexual symbolism. Odjépotá is the sad lot awaiting every man who, not respecting the prescription to stay at home when his wife was in childbed, could not resist the temptation to go out hunting. The first animal that he meets seems to him to be human, attracts him, and he becomes odjépotá; in the words of an informant from Bananal, "the beast gets mixed up with the man and the man remains living with the beast for the rest of his life."

Concerning the danger of the odjépotá of the father, among the Ñandéva there is a myth about a man who, disrespecting the observances, goes off to the forest, where he meets a tadjatsú (queixada /white-lipped peccary/) in the form of a beautiful woman, whom he accompanies and who takes him into the midst of the queixadas. He remains living amidst the queixadas, taking

5: Métraux E-4 (no date) 1948 SM4 Guarani SM4
Apapocuva

After death the two souls separate; the ayvucué generally tries to reach the Land-Without-Evil, but may linger dangerously near his former home. The animal soul, too, is likely to turn into a fearful ghost. To drive the ayvucué away, the shamans organize a dance in which two opposite groups of dancers, by running to and fro and passing each other at full speed, so confuse the soul that it is lost in a maze. The shaman then is able to deliver it to Tupã, who takes it to the Land of the Dead. The animal soul has to be attacked with weapons and exterminated like a dangerous animal (Nimuendajú, 1914 a, p. 305).

The *Caingué* feel themselves surrounded by spirits or demons, who appear in human or animal forms. They are the masters or the protectors of animals, plants, trees, water places, and winds. These genii, if offended, can be harmful.

Ceremonials.—Among the *Apapocuva-Guarani*, any trouble, any anxiety felt by the community or the shaman, or even the prospect of a collective enterprise stimulates a ceremonial dance. The performers stand in a line, the women on one end, jumping up and down on the same spot and pounding their stamping tubes; the men on the other end, shaking their rattles, slightly stooping, knees bent, throwing their feet forward and backward in a rapid tempo. The shaman faces the dancers and walks, runs, or bounces in front of them brandishing his rattle. Each woman in turn performs a solo dance in front of the line of the men, and sometimes she may invite a man to dance opposite her (Nimuendajú, 1914 a, p. 347).

Great emphasis is placed on orientation; the dancers always face the east and, when the entire line revolves, it invariably moves north, west, and south, describing a perfect ellipse. Dancers often hold ceremonial clubs, trimmed with basketry sheaths. The shaman carries a ritual stick. Dances take place in special fence-enclosed huts, which open toward the east and serve as storehouses for the ritual paraphernalia.

The most important *Apapocuva* ceremony is celebrated by the whole tribe just before harvest. Cultivated plants, wild fruits, and game are exhibited near candles and, after 4 days of ritual dancing, are sprinkled with holy water. The assistants at the ritual are also baptized on the same occasion. The object of the festivities, which are characterized by a spirit of harmony and pleasant cheerfulness, is to guard men and food from evil influences. The *Caingué* offer cakes made with the first ripe maize to Tupã.

SHAMANISM

No amount of training can make an *Apapocuva-Guarani* a shaman if he has not been supernaturally inspired with magic chants. To every adult male or female sooner or later a dead relative reveals a chant, which the recipient eagerly teaches to the rest of the community. Its possession confers a certain immunity against accidents. A shaman is a man who